

## **Manuscripts**

### **2014**

Ahrendt A, Kattelmann K, Rector, T, Maddox D. The effectiveness of telemedicine for weight management in the MOVE! Program. *J. Rural Health. J Rural Health.* 2014 Winter;30(1):113-9. doi: 10.1111/jrh.12049. Epub 2013 Sep 24. PMID:24112223[PubMed - in process]

Chopy K, Winkler M, Schwartz-Barcott D, Melanson K, Greene G. A qualitative study of the perceived value of membership in the Oley Foundation by home parenteral and enteral nutrition consumers. *J Parent Ent Nutr.* 2014; <http://pen.sagepub.com/content/early/2014/03/17/0148607114527134>

Fornsaro-Donahue V, Tovar A, Sebelia L, Greene G. Increasing breastfeeding in WIC participants: can the cost of formula be a motivator? *J Nutr Educ Behav.* 2014;46:560-569.

Horacek TM, White AA, Byrd-Bredbenner C, Reznar MM, Olfert MD, Morrell JS, Koenings MM, Brown ON, Shelnut K, Kattelmann KK, Greene GW, Colby SE, Thompson-Snyder CA. PACES: a Physical Activity Campus Environmental Supports Audit on university campuses. *Am J Health Promot.* 2014 Mar-Apr;28(4):e104-17. doi: 10.4278/ajhp.121212-QUAN-604.

Kattelmann K, White A, Greene G, Byrd-Bredbenner C, Hoer S, Horacek T, Kidd T, Colby S, Phillips B, Koenings M, Brown O, Olfert M, Shelnut K, Morrell J. Development of Young Adults Eating and Active for Health (YEAH) Internet-Based intervention via a community-based participatory research Model. *J. Nutr Educ Behav.* 2014;46:S10-S25. DOI: <http://10.1016/j.jneb.2013.11.006>

Kattelmann K, Byrd-Bredbenner C, White A, Greene G, Hoerr S, Kidd T, Colby S, Horacek T, Phillips B, Koenings M, Brown O, Olfert M, Shelnut K, Morrell J. The effects of Young Adults Eating and Active for Health (YEAH): a theory-based web-delivered intervention. *J Nutr Educ Behav.* 2014;46:S27–S41. DOI: <http://10.1016/j.jneb.2014.08.007>

Kidd T, Opoku-Acheampong A, Thompson-Snyder C. Assessing beverage vending machine options on a college campus. *Int J Health Sci:* 2014;2(3):57-69.

Kumar J, Kidd T, Li Y, Lindshield E, Muturi N, Adhikari K. Using the community-based participatory research (CBPR) approach in childhood obesity prevention. *Int J Child Health Nutr.* 2014;3:170-178.

Morrell JS, Byrd-Bredbenner C, Quick V, Olfert M, Dent A, Carey GB. Metabolic syndrome: comparison of prevalence in young adults at 3 land-grant universities. *J Am Coll Health.* 2014;62(1):1-9. DOI: <http://10.1080/07448481.2013.841703>

Quick V, Byrd-Bredbenner C, White A, Brown O, Colby S, Shoff S, Lohse B, Greene GW, Horacek T, Kidd T. Eat, sleep, work, play: Associations of weight status and health-related behaviors among young adult college students. *Am J Health Promot.* 2014; 29(2):e64-e72.

O'Donnell S, Greene GW, Blissmer B. The effect of goal setting on fruit and vegetable consumption and physical activity level in a web-based intervention. *J Nutr Educ Behav.* 2014;46:570-575.

Schembre SM, Durand CP, Blissmer BJ, Greene, GW. Development and validation of the Cognitive Behavioral Physical Activity Questionnaire. *Am J Health Promot.* 2014. DOI: 10.4278/ajhp.131021-QUAN-539

Walsh J, White A, Kattelman K. Using PRECEDE to develop a weight management program for disadvantaged young adults. *J Nutr Educ Behav.* 2014;46:S1-9. doi: 10.1016/j.jneb.2013.11.005

Weller K, Greene G, Redding C, Pavia A, Lofgren I, Nash J, Kobayashi H. Development and validation of green eating behaviors, stage of change, decisional balance and self efficacy scales in college students. *J Nutr Educ Behav.* 2014;46:324-333.

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Brown O, Quick V, Colby S, Greene G, Horacek TM, Hoerr S, Koenings M, Kidd T, Morrell J, Olfert M, Phillips B, Shelnut K, White A, Kattelman K. Recruitment lessons learned from a tailored web-based health intervention project Y.E.A.H. (Young Adults Eating and Active for Health). *Health Education.* 2015;115:470-479. DOI: <http://dx.doi.org/10.1108/HE-06-2014-0075>

Quick V, Byrd-Bredbenner C, White AA, Shoff S, Lohse B, Horacek T, Kattelman K, Phillips B, Hoerr S, Greene G. Concordance of self-report and measured height and weight of college students. *J Nutr Educ Behav.* 2015; 47(1). 94-98.

Quick V, Byrd-Bredbenner C, White A, Brown O, Colby S, Shoff S, Lohse B, Greene G, Horacek T, Kidd T. Relationships of sleep duration with weight-related behaviors of U.S. college students. *Behav Sleep Med.*(Accepted 2015).

Quick V, Shoff S, Lohse B, White A, Horacek T, Greene G. Relationships of eating competence, sleep quality and behaviors, and overweight status among college students. *Eating Behaviors.* 2015;19:15-19.

Sorenson A, Kattelman K, Meendering J, Kabala C, Mathews D, Olfert M, Colby S, Franzen-Castle L, White A. Assessment of physical activity in 9- to 10-year-old children participating in a family-centered intervention. *Top Clin Nutr.* 2015; 30(2):159-166. DOI: <http://10.1097/TIN.0000000000000032>

Matthew M. Horacek TM. Vending machine assessment methodology: A systematic review. *Appetite* 2015; 90:176-186.

**Manuscripts Submitted and in Review or In press with no dates available for publication**

Byrd-Bredbenner C, Quick V, Koenings M, Martin-Biggers J, Kattelman K, Kidd, T, Shelnut K. (In Review) Impact of cognitive load on eating and weight-related behaviors of YEAH participants. *Eating Behaviors*.

Colby S, Bailey A, Bibb B, Heidal K. Frequency and type of food messages on television. *Health, Well & Soc.* 2015 (Accepted for Publication).

Kumar J, Adhikari K, Li Y, Lindshield E, Muturi N, Kidd T. (Accepted 2015). Identifying barriers, perceptions and motivations related to healthy eating and physical activity in 6th to 8th grade, rural, limited-resource adolescents. *Health Education (Emerald)*

Quick V, Byrd-Bredbenner C, White AA, Brown O, Colby S, Shoff S, Lohse B, Greene GW, Horacek T, Kidd T. (In Review) A streamlined, enhanced self-report physical activity measure for young adults. *Int J Health Promot Education*

**Abstracts**

**2014**

Ackermann S, Brown C, Olfert M. Choice Architecture for Promoting Healthy Eating Environments: Café NudgeSAT Project. *JNEB* 2014 46(4Suppl1):S124. DOI: <http://dx.doi.org/10.1016/j.jneb.2014.04.076>

Arts J, Greene GW, English C, Lofgren IE. A nutrition intervention to improve coronary heart disease risk factors in college students. *FASEB J.* 2014;28: 626.12.

Baker K, Olfert M. Incorporating Nutrition Education through applied, hands-on Culinary Elective in Medical School Training, *FASEB J* 28(1Suppl),1020.2.

Bates J, White A, Mathews D, Colby S, Franzen-Castle L, Kattelman K, Olfert M. Coming Together: Family Relationships and Healthy Food Preparation. *J. Nutr. Education & Behavior* 2014;46;S184.

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Colby S, Meade R, Donaldson A, Franzen-Castle L, Plaggemeyer A, Kattelman K, Merfeld C, Mathews D, Smith E, Olfert M, White A. Child Food Intake and Habits at Intervention Baseline: iCook 4-H. *J. Nutr. Educ Behav.* 2014;46;S110.

Donaldson AB, Colby SE, Flanagan SM, Franzen-Castle LD, Kattelman KK, Mathews D, Merfeld CM, Olfert MD, Plaggemeyer AK, White AA, Yerxa K. Cooking behavior and self-efficacy of 9-10 year old youth: iCook 4-H. *J. Academy Nutrition and Dietetics* 2014;114(9):A64. <http://dx.doi.org/10.1016/j.jand.2014.06.213>

Dunn CG, House L, and Shelnut KP. . Consumer perceptions of gluten-free products and the healthfulness of gluten-free diets. *J Nutr Educ Behav.* 2014;46(4):S185-85.

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Ford A, Colby S, Franzen-Castle L, Kattelman K, Merfeld C, Olfert M, Plaggemeyer A, White A, \*\*White J, Yerxa K. (2014, October) Cooking Behavior and Self-efficacy of 9-10 Year Old Youth: iCook 4-H. *J Acad Nutr Diet.* 2014;114(9): SA64.

Franzen-Castle L, Krehbiel M, White A, Mathews DR, Yerxa K, Colby S, Meade R, Kattelman,K Kabala C, Olfert M, Flanagan S. Assessing Effectiveness of the Implementation of a 12-Week Curriculum for Youth and Adults: iCook 4-H. *J. Nutr.Educ Behav.* 2014;46; S104.

Franzen-Castle L, Krehbiel M, White A, Mathews D, Colby S, Donaldson A, Kattelman K, Koens A, Olfert M, Flanagan S. Assessing the Effectiveness of an Intervention Curriculum for Adults and Youth. *J Nutr Educ Behav.* 2014;46(4Suppl1):S104. DOI: <http://dx.doi.org/10.1016/j.jneb.2014.04.026>

Hemmingson K, Leone R, Remley D, Zies S, Lindshield E, Kidd T, Adhikari A, Muturi N, & Kattelman K. A nutrition environment evaluation of grocery and convenience stores in low-income communities using the Nutrition Environment Measurement Survey for Stores (NEMS-S) *FASEB J.* April 2014 28:LB382.

Horacek, TM, Olfert M, Byrd-bredbenner, C, Carey G, Colby S, Greene G, Hoerr S, Kattelman K, Kidd T, Koenings M, Brown-esters O, Shelnut K, White A. Environmental supports of physical activity and healthy snacking vary across campus. *J. Acad Nutr Dietet.* 2014;114(9)(S2):A62. <http://dx.doi.org/10.1016/j.jand.2014.06.228>.

Kabala C, Kattelman K, Meendering J, Mathews D, Olfert M, White J, Colby S, Meade R, Franzen-Castle L, Aguirre T, & White A. iCook 4-H: Report of the correlation between the Block Kids Physical Activity Screener and accelerometer-derived physical activity in 9-10 year old children. *FASEB J.* April 2014 28:LB460.

Kattelman K, White A, Greene G, Byrd-Bredbenner C, Nitzke S, Horacek T, Hoerr S, Kidd T, Colby S, Olfert M, Brown O, Shelnut K, Phillips B, Stabile Morrell J. Development of a Randomized Trial Guided by the Process of PRECEDE-PROCEED for the Prevention of Excessive Weight Gain in Communities of Young Adults. *J. Nutr.Educ Behav.* 2014;46;S194.

Kidd T, Lindshield E, Kattelman K, Zies S, Adhikari K, Muturi N. Starting the Spark: A Protocol for the Community-based Participatory Research Model in the Prevention of Adolescent Obesity. *J. Nutr. Educ Behav.* 2014;46; S194-S195.

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Olfert M, Lilly C, White J, Colby S, Meade R, Franzen-Castle L, Krehbiel M, Kattelman K, Wilson-Sweebe K, Mathews D, White A. Health Disparities Including and Not Including Race Correlate to Quality of Life: iCook 4-H. *J. Nutr. Educ Behav.* 2014;46;S124-125.

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Smith E, Root A, Flanagan F, Colby S, Meade R, Franzen-Castle L, Aguirre T, Kattelman K, Kabala C, White A, Mathews D, Olfert M. Assessing Blood Pressure and Quality of Life in 9- to 10-Year-Old Children: iCook 4-H Pilot Study. *J. Nutr. Educ Behav.* 2014;46;S123-S124.

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White J, Wells A, Colby S, Donaldson A, Franzen-Castle L, Miller A, Kattelman K, Merfeld C, Mathews D, White A, & Olfert M. Collecting Highlights From Leaders About a Cooking and Physical Activity Program for Family Dyads: iCook 4-H. *J Nutr Educ Behav.* 2014;46;S123.

## 2015

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Camire M, Lemire D, White A, L'Italien M. Online social media to deliver nutrition and physical activity to adolescents in Maine. *FASEB J.* 2015; 29:S732.11.

Carlton D, Dunn C, Shelnutt KP. Understanding why women of childbearing age follow a gluten-free diet and determining where they get their information. *J Nutr Educ Behav.* 2015;74(4):S71.

Coker C, Dunn C, Shelnutt KP. A comparison of the nutrient content between gluten-free foods and their matched gluten-containing products. *J Nutr Educ Behav.* 2015;47(4):S71.

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Dunn C, Shelnutt KP, Carlton D. Macronutrient and micronutrient intake among women of childbearing age following a gluten-free diet. *J Nutr Educ Behav.* 2015;74(4):S89-90.

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Kidd T, Lindshield E, Kattelman K, Zies S, Adhikari K, Muturi N. Starting the Spark: An Updated Protocol for the Community-Based Participatory Research Model in the Prevention of Adolescent Obesity. *J. Nutr. Educ Behav.* 2015;47: S108 - S109.

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Li Y, Kidd T, Lindshield E, Adhikari K, Muturi N, Kattelman K, & Zies S. Measurements of the Built Environment for Nutrition and Physical Activity in Rural Low-Income Ethnic Communities in Kansas. *J. Nutr Educ Behav.* 2015;47:S33.

Leone R, Hemmingson K, Remley D, Zies S, Kattelman K, Li Y, & Kidd T. An evaluation of restaurants in low-income communities using the Nutrition Environment Measurement Survey for restaurants (NEMS-R). *FASEB J* April 2014 28:1019.8.

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Maia A, White A. An educational program based on self-determination theory to address childhood obesity in primary care settings. *J Nutr Educ Behav.* 2015; 47:s70.

Maia A, White A. Supporting autonomy in a nutrition intervention for overweight/obese children using self-determination theory with motivational interviewing. *FASEB J*, 2015;29:S911.8

Mathews D, Franzen-Castle L, Colby S, Kattelman K, Olfert M, & White A. Use of Word Clouds as a Novel Approach for Analysis and Presentation of Qualitative Data for Program. *J. Nutr Educ Behav.* 2015;47:S26.

Mathews D, Franzen-Castle L, Kattelman K, Colby S, Olfert M, White A. Use of a Systematic 3-Pronged Evaluation to Measure, Monitor, and Test Fidelity of the 5-State iCook 4-H Program. *FASEB J.* 2015;29:LB 395.

Meendering J, Boeckner L, Jensen B, Stluka S, Kattelman K, Wey H, Droke E, Bowne M, Fischer J, De Guzman M, Anderson-Knott M, Takahashi S, Hall J. Innovation and Collaboration: Creating a Transdisciplinary Childhood Obesity Prevention Graduate Certificate Program. A Focus on Sustainability and Expansion. *J. Nutr Educ Behav.* 2015;47:S100.



Merfeld C, Kattelman K, Meendering J, Franzen-Castle L, Olfert M, Colby S, White A. iCook 4-H: Report of the Accelerometer Derived Physical Activity in 9-10 Year Old Children From Baseline to Post. *J. Nutr Educ Behav.* 2015;47:S79-S80.

Morrell JS, Reilly RA. Healthy lifestyle factors and metabolic syndrome among college students *FASEB J.* 2015. 29:1,732.12

Mullin M, Yildirim E, Kelly E, Brown O, Byrd-Bredbenner C, Franzen-Castle L, Greene G, Kattelman K, Kidd T, Morrell J, Olfert M, Riggsbee K, Shelnutt K, White A, & Horacek T. A Simple Convenience Store SHELF (Supportive Healthy Environment for Life-promoting Food) Audit. *J. Nutr Educ Behav.* 2015;47:S49.

Olfert M, Famodu O, White J, Barr M, Hagedorn R, Meade R, Colby S, Franzen-Castle L, Aguirre T, Kabala C, Kattelman K, Mathews D, & White A. Blood Pressure and Quality of Life in 9-11 Year Old Youth and Adult Dyad Pairs Over One Year: iCook 4-H. *J Nutr Educ Behav.* 2015;47:S83-84.

Olfert M, Scatterday A, Famodu A, White J, Barr M, Hagedorn R, Woehrer K, Meade R, Colby S, Franzen-Castle L, Wilson-Sweebe K, Kattelman K, Yerxa K, & White A. Health Disparate Score Change Over 12 Months: iCook 4-H Study. *J. Nutr Educ Behav.* 2015;47:S83.

Olson K. & Kattelman K. Let Them Eat Beef: Effects of Beef Consumption on Markers of Metabolic Syndrome. *J. Nutr. Educ Behav.* 2015; 47:S43.

Parker A, Morrell JS. Early Sleep Midpoints are Associated with Increased Fruit, Water, and Fiber Intakes and Decreased Discretionary Calories in a Young Adult Cohort. *FASEB J.* 2015. 29:1, LB314

Querido J, Morrell JS. How Does Inaccurate Perception of Weight Compared to Actual BMI Status Affect the Diet Score of College Students? *FASEB J.* 2015. 29:1, LB315.

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Shelnutt KP. Determining the need for a food pantry on a university campus. *J Nutr Educ Behav.* 2015;74(4):S55.

White J, Famodu O, Merfeld C, Kattelman K, Franzen-Castle L, Aguirre T, Colby S, Manuel L, White A, Mathews D, & Olfert M. Cooking, Mealtime and Physical Activities Incorporated in the Home Environment One Year After Initial Intervention: iCook 4-H. *J. Nutr Educ Behav.* 2015;47:S38-S39.

White A, Franzen-Castle L, Kattelmann K, Colby S, & Olfert M. Out-of-School Culinary and Physical Activity Program for Youth and Their Main Food Preparer: iCook 4-H Year 3. *J. Nutr Educ Behav.* 2015;47:S26.

White J, Hagedorn R, Waterland N, Root N, Olfert M. iGrow: Developing a Curriculum to Increase Gardening Skills, Culinary Competence and Family Mealtime in Youth and Their Parent. *J Nutr Education & Behav.* 2015;47:S64.

White J, Famodu O, Barr M, Merfeld C, Kattelmann K, Franzen-Castle L, Aguirre T, Colby S, Manuel L, White A, Mathews D, Olfert M. Cooking, Mealtime and Physical Activities Incorporated in the Home Environment One Year after Initial Intervention: iCook 4-H. *J Nutr Educ Behav.* 2015; 47(4), S38–S39.

White A, Franzen-Castle L, Kattelmann K, Colby S, Olfert M. Out-of-School Culinary and Physical Activity Program for Youth and Their Main Food Preparer: iCook 4-H Year 3. *J Nutr Educ Behav.* 2015;47(4), S95.

### **Presentations at International/National/Regional Meetings**

#### **2014**

Appelo S, Colby S, \*Sparks A, Wilkerson B, Monroe C, Kavanagh K, Hansen-Petrik M, Thompson D. (2014, April) Protein and College Females: Perceptions, Knowledge, Recommendations, and Behavior. Exhibition of Undergraduate Research and Creative Achievement, Knoxville, TN.

Baker K, Olfert, M. Nutrition Education in Medical School Curriculum. Posters on the Hill 2014. Council on Undergraduate Research, Washington DC, January 2014.

Barr M, Clark L, Chertok I, Olfert MD. Identifying Barriers of Women in Appalachia with Gestational or Existing Diabetes during Pregnancy. URDC, Charleston, WV January 30, 2014.

Kattelmann K, Greene GW, White A, Byrd Bredbenner C, Kidd T, Hoerr S, Colby S, Horacek T, Olfert M, Brown O, Koenings M, Phillips B, Shelnut KP, Morrell J. Using the web to increase healthful meal behavior in young adults. Medicine 2.0'14 Summit & World Congress (Maui, Hawaii, USA) November 13, 2014.  
<http://www.medicine20congress.com/ocs/index.php/med/med2014/paper/view/2654>. Accessed November 18, 2014.

Krehbiel M, White A, Franzen-Castle L, Kattelmann K, Colby S, Olfert M. iCook: engaging youth and adults in a 4-H cooking intervention. National Afterschool Association Convention, New York City, NY. 2014. Oral Presentation

Li Y, Kidd T, Lindshield E, Adhikari K, Muturi N, Kattelmann K, Zies S. Analyses of the built environments and the perceptions related to physical activity of adolescents in rural low-income ethnic communities. Poster presentation given at the Obesity Week 2014 Conference, Boston, MA. November 2014.

Li Y, Kidd T, Lindshield E, Adhikari K, Muturi N, Kattelman K, Zies S. Perceptions related to nutrition, physical activity, and youth development in 6th to 8th grade, rural, limited-resource adolescents. Poster presentation given at the Obesity Week 2014 Conference, Boston, MA. November 2014.

O'Toole J, Greene GW, Melanson KJ. Dietary quality and composition of high and low FODMAP diets in healthy young adults. The Obesity Society; November 2014.

Wells A, Famodu O, Olfert M. Effects of sleep extension on perceived mood, stress, and quality of life in female college athletes. Undergraduate Research Day at the Capital 2014. Charleston, WV January 2014.

White A. iCook: A 4-H program to promote culinary skills and family meals for obesity prevention. 46th Annual Meeting of the Society for Nutrition Education and Behavior, Milwaukee, WI, July 1, 2014.

## 2015

Barr M, White J, Famodu O, Olfert M. Recruiting in WV for a Peer-led, Social Marketing Campaign That Promotes Health on College Campuses: Get Fruved WV. Van Liere Research Symposium 2015 Morgantown, WV.

Byrd-Bredbenner, C., Quick, V., Koenings, M.M., Martin-Biggers, J., and Kattelman, K. (2015) Cognitive Load Affects Eating Behaviors of College Students. *International Journal of Behavioral Nutrition and Physical Activity*, P1.44, 357. Edinburgh, International Society for Behavioral Nutrition and Physical Activity.

Hagedorn RL, White J, Famodu OA, Barr M, Olfert MD. Community Research through Teen Implementation. Undergraduate Research Day at the Capital 2015. Charleston, WV February 2015

Horacek, T., Dede Yildirim, E., Kattelman, K., Byrd-Bredbenner, C., Brown, O., Colby, S., Greene, G., Hoerr, S., Kidd, T., Koenings, M.M., Phillips, B., Morrell, J., Olfert, M., Shelnutt, K., White, A. (2015) Mediating relationship of gender, campus food store environment, and college students' dietary attitudes and behaviors on their body mass index. *International Journal of Behavioral Nutrition and Physical Activity*, P1.72, 370. Edinburgh, International Society for Behavioral Nutrition and Physical Activity.

Horacek T, Dede Yildirim E, Mullin M, Matthews M, Franzen Castle L, Koenings MM, Shelnutt K White A. Full Restaurant Evaluation Supporting a Healthy (FRESH) Dining Environment Audit. Poster ISBNPA June 3-6, 2015 Scotland

Horacek T, Dede Yildirim E, Kattelman K, Byrd-Bredbenner C, Kidd T, Phillips B, Morrell J, Olfert M. Mediating relationship of gender, campus food store environment, and college students' dietary attitudes and behaviors on their body mass index. ISBNPA June 3-6, 2015 Scotland

Kattelman, K. Invited speaker, JNEB Journal Club Webinar titled -Mixed Methods: The Effects of Young Adults Eating and Active for Health (YEAH): A Theory-Based Web-Delivered Intervention. Webinar was to national audience. February 9, 2015.

Rubino J, Famodu OA, White J, Barr M, Olfert MD. eB4CAST: evidence-Based Forecasting in Community Program Dissemination. Undergraduate Research Day at the Capital 2015. Charleston, WV February 2015

White J, Famodu O, Barr M, Hagedorn R, Olfert M. Cooking, Mealtime & Physical Activities Incorporated in the Home Environment One Year After Initial Intervention: iCook 4-H. Van Liere Research Symposium 2015 Morgantown, WV.

### **Graduate and Undergraduate Students who worked on the multistate projects**

#### **2014**

Ackerman, Shannon. Café Nudge Project: Choice Architecture for Eating and Nudging Healthy Behaviors. Thesis. West Virginia University. 2014.

Bickhart, Alexa. Syracuse University employees' fruit and vegetable intake in relationship to their perception of the food environment. Syracuse University. 2014-15.

Brown, M. Assessing Family Dynamics of iCook 4-H Participants in a 5-State Pilot Study. Thesis. University of Maine, 2014.

Buttarazzi S. Assessing Anthropometric Measurements, Maturation Stage, and Dietary Intake of 9-10 year old Children in the iCook 4-H Pilot Study. Thesis. University of Maine, 2014.

Crosier, Kaylyn. The Effectiveness of Nutrition Education Interventions on Nutrition Knowledge and Dietary Behaviors of Division 1 Collegiate Athletes. West Virginia University. 2014.

Danckers, Emily. Differences in perceptions of the dining environment between dieting and non-dieting Syracuse University students. Syracuse University. 2014-2015.

Famodu, Oluremi. Effectiveness of Sleep Extension on Athletic Performance and Nutrition of Female Track Athletes. Thesis. West Virginia University. 2014.

Hemmingson, Kaitlyn. Tailoring a Web-based Weight Maintenance Intervention for Northern Plains American Indian Public University Students. Thesis. South Dakota State University. 2014.

Ilseman, K. Maine Farmers' Perspectives: Barriers and Optimism to Providing Food to Feed Maine People: A Qualitative Study Using Focus Groups. Thesis. University of Maine, 2014.

Olesen, Megan. Jumpin' Jacks: Social Marketing Campaign Aimed to Increase Awareness of Healthful Behavior in South Dakota Fourth Grade Students. Thesis. South Dakota State University. 2014.

Palmisano, Olivia. The perception and reality of health promotion policies for students at Syracuse University. Syracuse University. 2014-15.

Popelka, Jessie. Technology Use in the Treatment and Prevention of Eating Disorders. Thesis. West Virginia University. 2014.

Shores, V. College Students Perceptions of Environmentally Conscious Eating Behaviors: A Formative evaluation. Thesis. University of Rhode Island 2014

Thompson, Wendy. Role of the Dietitian in Multidisciplinary Treatment of Polycystic Ovary Syndrome. Thesis. West Virginia University. 2014.

## 2015

Comstock, Christopher. Mind Over Matter: Physical Activity of Adolescents in Rural Communities. Thesis. South Dakota State University. 2015.

Kabala, Celine. iCook 4-H: The Relationship Between The Block Kids Physical Activity Screener and Accelerometer Derived Physical Activity in 9-10 Year Old Children, Thesis. South Dakota State University. August 2015.

LiPuma, Christina. Syracuse University students' eating out habits and use of GrubHub. Syracuse University. 2015.

Ruble, M. Worksite Wellness for UMaine Dining Employees: Healthful Eating for the Holidays. Honor's Thesis. University of Maine, 2015.

Stocker, Carolyn. The University of Maine Food and Fitness: Is it health-promoting? Honor's Thesis. University of Maine, 2015.

Swanda, Robert. A comparison of the FRESH dining environment: differences between US and Italy. Syracuse University. 2015.

White, Jade. Developing a Curriculum to Increase Gardening Skills Culinary Competency and Family Meal Time In You and their Caregiver. Thesis. West Virginia University, 2015.

## **Dissertation**

2014

Nash, J. The Green Eating Project: Web-based Intervention to Promote Environmentally Conscious Eating Behaviors. University of Rhode Island, 2014.

2015

Maia, Angelina. A Clinical Intervention to Address Childhood Obesity using Self-Determination Theory. Dissertation. University of Maine, 2015.

Dodge, E. Evaluation of the Impacts of a Cooperative Extension 4-H Nutrition Education and Gardening Program on Nutrition Behavior and Self-Efficacy. Dissertation. University of Maine, 2014.

## **Other Outputs**

Applications

- Development of App for measuring walkability/bikability of campuses—led by University of NJ-Rugters. (Carol Byrd-Bredbenner)
- Campus Food Store Healthfulness Assessment App
- Campus Vending Machine Healthfulness Assessment App
- Campus Dining Hall/Restaurant Healthfulness Assessment

Instrument Development

- Matthews M, Mullin M, Horacek T. FRESH Dining Environment Audit Syracuse University, Syracuse NY 2015
- Kelly E, Mullin M, Horacek T. The Convenience Store SHELF Audit Syracuse University, Syracuse NY 2015
- Matthews M, Mullin M, Horacek T. Healthfulness VENDing Audit Syracuse University, Syracuse NY 2015
- Seidman D, Mullin M, Horacek T. PACES Audit Syracuse University, Syracuse NY 2015
- Simon M, Mullin M, Horacek T. Healthy Environment POINTS Audit Syracuse University, Syracuse NY 2015